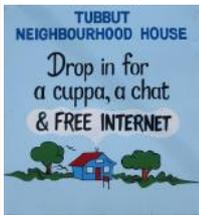


TUBBUT TATTLER

ISSN 2200 - 5243



February 2020

Tubbut Neighbourhood House

E-mail: tubbutnh@iinet.net.au

Phone: 02 64580295

Open Wednesday, Thursday and Friday

<http://www.tubbutnh.com> Like us on Facebook

Next deadline:

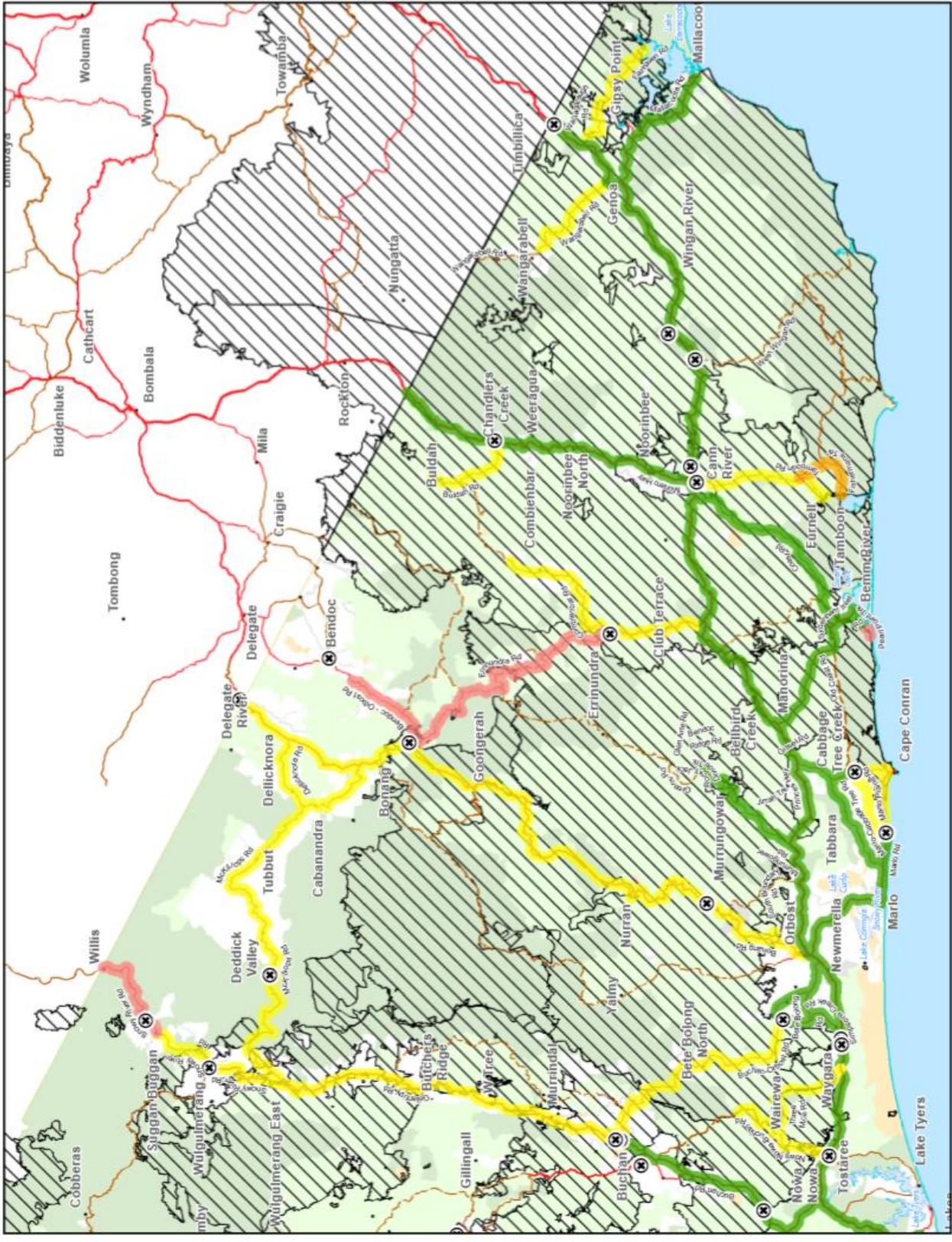


Hay donated by the Need for Feed disaster relief.
Kelvin and Jamie Ingram and Phillip Neven kindly offering their equipment and time free of charge to get the hay to those who need it.

Photos by Phillip Neven

- | | | | |
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Snowy 16 Complex - Road Status - PUBLIC - 0800hrs 12 Feb 2020 A3L 1:500,000



- Current Fire Affected Area**
- Traffic Management Point**
- Road Status**
- No entry: Emergency services access only
 - Restricted access B: Essential services assessment
 - Restricted access C: Residents, Media, Recovery Services, B Access
 - Authorized Access D: C Access, other authorized employees

VALID FROM
0900hrs Friday
12th February 2020



QR Code for this map



MXD name: C:\Data\EMVdrive_downloads\20200212\projects\20200212_0600_Snowy_Complex_Road_Status_Public_Map_A3L.mxd
 Wednesday, 12 February 2020 8:20:34 AM
 PC Number: WL2WDTSQ2

Disclaimer:
 This map is a snapshot generated from Victorian Government data. The State of Victoria does not guarantee that the publication is without flaw of any kind or is wholly appropriate for your particular purposes and therefore disclaims all liability for error, loss or damage which may arise from reliance upon it. All persons accessing this information should make appropriate enquiries to assess the currency of the data.

CLASSIFIEDS

Orbost Solar and Electrical

Happy to come to our area and comes highly recommended by the Tubbut Neighbourhood House
Call Ben on 0434038395



WANTED

Old crockery of any colour except white, can have patterns, can be broken.

Please contact Sue Collins 64580287 or the NH, or leave at the Bonang Hall.

Bobcat contractor for hire

Slashing, clearing, small earthworks, levelling, preparation for sheds, carports, water tanks and paving and clean ups

Ring Steve 0407190258 or email stephenscroope@bigpond.com

Septic getting full?

Robert Hampshire will pump out your loo. Septic tanks, porta-loos— no problems Truck has capacity to handle 2 tanks/trip Phone: 0417423983

Please keep your old glass bottles for Robert too as he is a passionate collector.

FOR HIRE

The Tubbut Neighbourhood House has the following for Hire:

Trailer—\$5.00 per day

Wood Splitter—\$10.00 per day

You can also borrow many of our books & gadgets:

Laminator, recording VHS to DVD player, Laptop, tablet, digital photo scanner, convert photos, slides or negatives to digital, record records to USB

Available for cleaning (only)

Contact Natasha 64588162 or 0408477774

Sue & Lisa are seeking your ideas on what the Neighbourhood House can do for you ie any courses we could possibly provide or craft sessions you would like to see run. This is your house so please help us to provide things that you are interested in.

Lets make 2020 a year for new experiences.

The Tubbut Tattler is produced by the Coordinators of the Tubbut Neighbourhood House which is funded by the Victorian Government. Material herein is the responsibility of the authors and does not represent the views of the DVICG or Tubbut Neighbourhood House unless stated. We welcome material from, and of interest to, people in the border areas of East Gippsland and NSW.

Delegate Multi Purpose Service Craigie St, Delegate

Wellness Clinic

Mon, Tue, Thur and Fri 10.30am - 11.30am

Every week except public holidays.

No Appointments necessary.

A clinic where well people come for health monitoring and a variety of nursing procedures such as:

Wound care

Blood pressure readings

Blood sugar readings

Non-urgent and pre-operative

Electrocardiograms (ECG)

Health Assessments

Suture or clip removal

Injections with Doctors **written order**

Other procedures that do not require a Doctor

Pathology clinic (conducted by Pathology West)

Wednesday 9.30am – 10.30 am.

No appointment necessary.

Every week except public holidays.

Tattler Contributions: We welcome your articles, news, reports on local groups, photos from local events, milestones, interesting stories, poems, biographies, births, deaths, historical items, and more. *We also welcome any letters to the editors.*

Tubbut Neighbourhood House

From the | SNOWYRIVERMAIL.COM.AU
WEDNESDAY, FEBRUARY 5, 2020



Australian Defence Force military police, Private Luke Maxitanis, of Melbourne, and Corporal John Burnside, of Perth, stand guard at a checkpoint along the Bonang Road. Only local residents are being allowed through the roadblocks. K91-4483



Australian Defence Force troops, together with the Fiji Military Force, are continuing to clear dangerous trees on the Bonang Road. The road remains closed to tourists as heavy machinery lifts precarious trees threatening to topple onto the roadway. K91-4332



The lush landscape along Bonang Road has been burnt to a crisp with the soil a pile of ash. However, the *Snowy River Mail* reporter observed regrowth already taking place on burnt trees and bushes. K91-4435

There is still food and bottled water available at the Bonang Hall please come and take what you need. It would be a shame to see it go to waste. If you could please return your empty water bottles to the Bonang hall or deliver to Jim at the tip it would be greatly appreciated.

Community lunch Thursday 26th March at Tubbut.
12pm
(Bring a plate to share if you wish.)

News from the Departments

Water tanks

Anyone seeking emergency water assistance from the bushfire affected areas should contact South East Water on **131 851**. This is a 24/7 hotline.

Residents in bushfire affected areas who are without drinking and domestic water supply due to tank contamination now have a single point of contact to call for assistance.

South East Water will be a 'one-stop-shop' as the initial contact point for bushfire affected residents who need emergency relief water, as well as coordinating the delivery of water across affected areas.

Eligible permanent residents in the declared bushfire affected areas of East Gippsland will be provided a tank water flush and top-up of 5,000 litres.

The program doesn't include a tank clean.

It is possible your water tank supply will be contaminated after a bushfire. Boiling water does not remove fire retardants or other chemicals from your water.

For more info on ash in water tanks, see the fact sheets on Council's website:

www.eastgippsland.vic.gov.au/Services/Public_Health/Bushfires_and_your_health or call the EPA on 1300 EPA VIC (1300 372 842).

Help for injured wildlife

You can use the online 'Help for injured wildlife' tool from DEWLP to find and contact the closest wildlife carers and rescue and rehabilitation organisations. Go to www.wildlife.vic.gov.au and search for 'Help for injured wildlife tool.'

Mental health and wellbeing after the bushfires

- **Lifeline:** 131 114 24-hour telephone counselling, information and referral service.

-

- **BeyondBlue:** 1300 224 636 Provides information on depression and anxiety. To access professional counselling services, please make contact with your GP and ask for a referral.

-

- **Kids Help Line:** 1800 551 800 Confidential telephone counselling service for young people aged 5–25 years.

-

- **Headspace:** 1800 650 890

-

- **ParentLine:** 132 289 Counselling and information for families with children (up to 18 years) from 8am to midnight, 7 days a week.

-

- **Men's Line Australia:** 1300 789 978 24-hour counselling and advice for men.

- **Safe Steps Family Violence Support:** 1800 015 188

-

- **Family Violence support:** There is an increased risk of family violence after an emergency. Help is available by calling 1800 RESPECT (1800 737 732 - confidential) or go to the [1800 Respect website](http://1800Respect.org.au).

Windermere: 1300 946 337

What's On

DELEGATE P & A SOCIETY INC 112TH SHOW SATURDAY MARCH 7TH 2020

STATIONHAND CHALLENGE

SHEEP DOG TRAILS

Baby Tiny Tots
Junior Miss
Show Girl
Jumping Castle



Decorated
Bike
Competition
Junior Sheep
Grain &
Cattle Judging

Barnyard Nursery
Live Band

Billy Bolling

Guess the
Bull weight

B.H.E.M.S

Funkhana Ring



FIREWORKS
And Lots More



IN THE SHOW PAVILION
Craft * Photography * Art * Vegetables * Flowers * Cooking
Condiments * Wool * Trade Exhibits * Needle Work



Bombala Rotary Market

Saturday 22nd February 2020
8am – 2pm Along the banks of
The Bombala River

*For additional information or to
secure your stall site please call*

Geraldine Dyer 0448 351 962
Tanya Ingram 0408 301 813
Or email mgdyer@bigpond.net.au

Computer Help with
Sharon at Tubbut on
the 26th of March
From 10am to 2 pm



What's On

Forge Theatre and Arts Hub presents

MEDIA RELEASE

11 February 2020 for immediate release

FREE Bushfire Recovery concert

Thursday 5 March 2020, 11:00 am

**Forge Theatre and Arts Hub
80 McKean Street, Bairnsdale**

Show running time: 1 hour (no interval)

Tickets are **FREE** - seat bookings essential

FREE MORNING TEA IN THE FORGE THEATRE FOYER FROM 10:30 am.

The East Gippsland Shire Council invites all members of the community to attend this special FREE Bushfire Recovery concert presented by the Forge Theatre and Arts Hub

This show is guaranteed to have you smiling, singing and dancing!

Sing your heart out during this intimate, interactive one-hour morning show, celebrating the peace, love, music and famous artists of the '60s and '70s.

Superstars Celebration is presented by **Lisa Budin Price**, a fabulous entertainer with a beautiful voice, who will lead the audience through a singalong of favourite songs and artists from the '60s and '70s including:

Que Sera - Doris Day
Kind of hush - The Carpenters
California Dreaming - Mamas and Pappas
You're the one that I want - Olivia Newton John
Tennessee Waltz - Pattie Paige
Big Spender - Shirley Bassey
Country Roads - John Denver
I still call Australia Home - Peter Allen
Top of the World - The Carpenters

Unchained Melody - Righteous Brothers
What a Wonderful World - Louis Armstrong
Those were the days
Under the Board Walk - The Drifters
Love is in the Air - John Paul Young
Dancing Queen - Abba
Colour my World - Petula Clark
Crazy - Patsy Cline
and *Dream a little dream of me* - Doris Day

This show is interactive, it's funny, it's packed with the stories, the music, and personalities of two of the most exciting decades in modern culture.

A **free Bushfire Recovery concert** at the Forge Theatre is just what the East Gippsland community needs to feel better on **Thursday 5 March 2020 at 11:00 am** with a free Morning Tea in the Forge Theatre foyer from 10:30 am.



Book your seats now at Phone: 5152 1482, online: www.eastgippsland.vic.gov.au/forgetheatre or in person at Bairnsdale or Lakes Entrance Visitor Information Centres or Shire Service Centres, and the Forge Theatre Box Office. Groups are encouraged to book early to get seats all together.



For further information contact: Janice Haynes, Manager, Forge Theatre and Arts Hub, PH: 5153 9641, Email: janiceh@egipps.vic.gov.au.

Native bees

Native bees are powerful pollinators, and there's a simple way to help them

By Dr Tanya Latty for Catalyst

(ABC News)

Are you worrying about what's happening to the bees? If so, you're probably thinking of just one type of bee: honey bees.

Recently there has been a surge in concern for honey bees, driven by fears about declines in bee populations. But the honey bee is only one of roughly 20,000 different species of bee, around 2,000 of which are thought to call Australia home.

With all the attention focused on honey bees, native bees and other wild insects tend to get overlooked — but these amazing Australian animals could be instrumental in helping us feed a growing world population.

The familiar yellow-and-black-striped honey bee is known to scientists by the name *Apis mellifera*. The honey bee is common throughout the world, and was introduced to Australia in 1822.

Australia's many species of native bees come in a rainbow of colours, patterns and sizes from our smallest species, the diminutive yellow *Quasihesma* bee which is only 2mm long (slightly larger than the head of a pin), to our largest species, the great carpenter bee, which grows to 24mm in length. The iconic blue and white blue-banded bees and the adorably fuzzy teddy bear bee are both common visitors to urban and suburban gardens.

Honey bees just don't have the right buzz for some veggies

Like honey bees, native Australian bees also feed on nectar and pollen from flowering plants. Native bees can act as pollinators, fertilising plants by moving pollen from one flower to another.

About one third of the world's food crops depend on insects for pollination and many other crops have higher yield and quality if visited by a bee.

Recent research suggests that wild bees and other insects — not honey bees — may be responsible for the lion's share of pollination in agriculture. We don't yet know if the same is true in Australia, but recent research already suggests that a range of native insects, including native bees, play an important role in the pollination of crops such as macadamia, blueberry and mango.

In some cases, native bees are actually better pollinators than honey bees. Flowers of tomato and eggplant only release their pollen when vibrated at a specific frequency. Honey bees are not able to buzz at the correct frequency and so cannot pollinate these types of flowers. But some Australian species — such as blue-banded bees, carpenter bees and teddy bear bees — are excellent buzz pollinators, vibrating their bodies at exactly the right frequency to release pollen and facilitate fertilisation.

As the world's population continues to grow, there will be increased demand for insect-pollinated foods such as berries, avocados and nuts. Although honey bees are not threatened or endangered, there is concern that managed honey bee stocks may not be able keep up with the increased demand for pollination services.

Native Australian bees can help by providing a "plan bee" — a backstop against the loss or decline of honey bee populations and a way to make our pollination systems more resilient.

Harnessing the pollinating power of native bees may require a shift in the way we manage crops. In monocultures, where only one plant species is grown, flower bloom represents a wonderful buffet of food which rapidly turns into a barren food wasteland after the flowering has ceased. Ensuring there are ample flowers available before and after the crop's main flowering period could help feed hungry bees during the lean times of the year.

Another strategy is to begin managing other bee species, such as stingless bees. There is already a rapidly growing group of stingless bee enthusiasts and keepers who could lend their expertise towards developing a strong alternative bee industry.

Like bees around the world, Australian native bees are under threat from habitat loss, insecticide misuse and climate change. Some of our native bees feed primarily on native plants, so the conversion of bushland into agricultural or urban land can remove their valuable food sources.

Native bees

Improper use of broad spectrum insecticides can kill bees, along with other beneficial insects. Neonicotinoid insecticides have lately attracted attention as a potential cause of bee declines but it is important to remember that any broad spectrum insecticide – including organic preparations such as permethrin – can harm bees.

How you can help our native Australian bees

Bees need flowers, so one of the simplest things you can do to help our native bees is to plant as many flowers as you can. Aim for a mix of species, with something in bloom at all times of the year. Some native bees feed primarily on native plants, while others are less picky. Native plant species such as callistemon, brachyscome and melaleuca are good choices, as are non-natives like perennial basil, salvias and lavenders.

Many bees and flies love brassicas (broccoli, kale, mustard), so allowing a few plants to go to flower will delight your buzzy friends!

And don't worry if you live in a highly urbanised concrete jungle. Research has found that even inner city gardens can support a large number of bees as long as there are plenty of flowers.

If you plant it, they will come. In fact, some research suggests that cities may be important sites for bee conservation due to their lower insecticide uses and high numbers of flowers in places like private and community gardens.

No matter where you live, you can help protect our native bees by creating a beautiful flower garden. That's a win-win situation for both humans and bees!

Dr Tanya Latty is an entomologist from the University of Sydney. Watch part one of Catalyst's The Great Australian Bee Challenge [on iview](#).

RSPCA Victoria

Do you or someone you know need help caring for your pets due to the bushfires? RSPCA Victoria is here to help.

We have a dedicated bushfire hotline available seven days a week to provide assistance for pets, horses and hobby farm animals who have been affected by the fires.

Whether it's food, water, shelter, property visits or basic pet care supplies like collars and leads to get you back on your feet, we are here for the pets and people of Victoria – now and in the months to come.

Get in touch with us by calling 03 9224 2222 or via <https://rspcavic.org/bushfiresupport>

Wombats

We are thrilled to share the news that - as of today - wombats now have the same protection as all other wildlife under Victorian law.

Today marks the end of legalised wombat hunting after the closure of a loophole in the Wildlife Act

A man using a mobile phone while horseriding has faced court

The man was riding along a rural NSW road, travelling at an estimated speed of 10km/h and holding a mobile phone to his ear when police stopped him, the [Tenterfield Star](#) reports.

When he later had the matter dealt with in Mudgee Local Court, Magistrate David Day said, "under the road rules a horse is a vehicle ... and he didn't have a hands-free device fitted to the horse".

While the defendant's solicitor submitted that the matter was "trivial", the 30-year-old man pleaded guilty to using a mobile phone while riding a horse "because he concedes that the horse was in motion".

In NSW, a 'vehicle' includes an animal-drawn vehicle, and an animal that is being ridden or drawing a vehicle, with a 'ride' defined as the rider of a motor bike or animal-drawn vehicle, includes to be in control of (NSW legislation, Road Rules 2014, Road Users and Vehicles).

Deciduous Trees / Bushfire Protection

Deciduous trees can provide crucial bushfire protection in rural Australia by Stephen Murphy www.recreatingthecountry.com.au

Deciduous trees act as a fire retardant and are often the reason why some houses survive a bushfire when neighbouring houses are burnt. Why do they provide fire protection and how can they be used in rural areas to make summers safer?

The benefits of deciduous plants.

Deciduous plants are very useful around the home and in public places not only because they add to the ambient beauty but also because they provide cooling shade in the summer and let the sunlight through in the winter.

Evergreen trees are unable to provide this shade contrast. In fact Australian natives often do the reverse and let more sunlight through in the summer by turning the flat surface of their leaves away from the sun to reduce transpiration loss. Some natives like eucalypts let in more light by shedding their leaves during the very hot dry periods.

Deciduous trees cool the air around them through transpiration. The water held in leaves is released from the stomata as water vapour. A similar evaporative cooling principle is used in air-conditioners. On a hot day it is possible to feel the temperature drop a few degrees as you walk from the shade of native trees under deciduous trees. I experienced this tangible temperature change recently on a visit to the Adelaide Botanic gardens on a 38 degree day walking beneath a very large London Plane tree. It wasn't a coincidence that many more visitors to the gardens that day were seated under this shady tree than could be seen in the rest of the gardens.

Additional benefits of a deciduous trees and vines are fruit & nuts; timber for craft, furniture, and building; firewood, attractive flowers and autumn foliage; shade; privacy screening and as mentioned before they let in the winter sunlight which can make a cold room warmer and dry a boggy track.

How deciduous plants provide protection from bushfires.

Deciduous plants are fire retarding because they have high moisture content in their leaves without the flammable oils. They can provide excellent fire protection in four ways.

1. By shielding buildings from the damaging effects of a fire's radiant heat.

A vegetation screen between a building and an oncoming fire can prevent windows shattering, plastics melting and timbers buckling by reducing the radiant heat emanating from the fire. Radiant heat is short and intense because a bushfire front takes only 30 - 40 seconds to pass through. In extreme fire conditions a house has to withstand temperatures of up to 1200 degrees for about two minutes if it is exposed to the full un-shielded intensity of the radiant heat.

Native trees and shrubs will also shield a house from radiant heat.

2. By catching flying glowing embers before they reach the home.

It's not uncommon to hear stories about people who stayed to save their homes and later celebrated with friends at the pub only to return to a smouldering ruin. The cause of this enormous disappointment and personal tragedy are the airborne embers of burning leaves and bark that cause spot fires ahead of a fire-front and continue to fall after a fire has passed.

Many airborne embers become caught up in the foliage of surrounding trees. If they become caught in deciduous trees they're no longer likely to be a threat.

3. By 'snuffing' out the embers they catch.

The water filled leaves of deciduous trees will cool and extinguish glowing embers in the same way that water puts out a fire. The leaves on the side nearest to the fire-front will be scorched as they take the heat out of the embers but they won't ignite and add to the intensity of the fire.

A eucalypt or a pine could accelerate the fire and burn because they releasing volatile oils which can spontaneously ignite at temperatures above 60 degrees.

4. The leaf litter isn't flammable and breaks down rapidly to humus, improving the soils ability to hold moisture.

Have you ever noticed the smouldering heaps of raked deciduous leaves in the late Autumn? Some over zealous gardeners try to burn them when its much easier to turn them into compost. They are difficult to burn and this feature will stop a fire from spreading. This was observed after the devastating Western Australian fires of 2009 by a firefighter defending a house at Ferndale .

Deciduous Trees / Bushfire Protection

Where to plant for fire protection.

The key fire sectors are north, north west, west and south west. These are the directions that a fire will come from and also the sides of a property best planted with deciduous trees or vines.

Bad fire days are always associated with strong northerly or north westerly winds. North winds are warm in summer as they blow across the northern deserts before they reach the southern states. These warmed gusty winds can strip the moisture from leaves and cause less hardy plants to wilt. Wind directions can change. A cool change is always very welcome when it brings relief from extreme heat, but it can turn a fire to the east. If a fire is coming from the north with a narrow front and is turned toward the east by a westerly change, the long eastern edge of the fire becomes the new and much longer fire front.

To protect your home against all these possibilities imagine a semicircular zone from the south-west extending to the north and plant this zone with deciduous plants to guard against the unpredictable nature of fire. Choose trees appropriate to the size of the space available because large deciduous trees can dry out garden beds and cause structural damage if planted too close to a building.

What deciduous plants are suitable for your country property.

When choosing suitable plants you will have more success if you factor in your annual rainfall, aspect (south & east facing positions and slopes are cooler than north & west facing), drainage and soil type. This knowledge is critical and can make the difference between success and failure whether you are planting hardy natives or exotic deciduous trees. This knowledge is also very useful when you visit your local nursery.

Generally in dry areas drought tolerant plants will cope with a long dry spell and hold on to their leaf moisture in the dry months. This is a very important feature if they are to function as a fire shield. I have added some potential uses and cautionary notes in brackets below as an alert to help your choice and avoid future regrets. Always check the eventual size of the trees you're planting and keep them at least 1.5 times their mature height from any structures with foundations. Very large trees like the Beeches, some larger maple species, Weeping Willow and London Plane can cause structural damage and their roots can lift paved areas. On the brighter side, an avenue of London Plane trees planted in the fire sector will proved a very effective fire shield from 40 meters away from a homestead.

The following genera of deciduous trees prefer moist soils. They are unsuitable as fire shields in dry climates unless they are in a moist gully or well irrigated:

Willows (an environmental weed on waterways, one species used traditionally to make cricket bats).

Poplars (buy non suckering cultivars, valuable timber).

Most oaks (valuable timber, acorns are edible if the bitter tannins are removed by repeated boiling).

Maples (valuable timber).

Birches (valuable timber).

Beech (valuable timber, edible nuts).

The following genera of deciduous trees are hardy and tolerate very dry conditions:

Ash (Desert Ash is very hardy but potentially a weed, grafted cultivars like the Claret Ash are not weedy, valuable timber).

Plane (valuable timber, the roots are deep, invasive and potentially damaging).

Hawthorn (spread by birds and can become an environmental weed),

Black Locust (boat building timber, firewood, will sucker).

Honey Locust (valuable hardwood)

A well managed orchard to the north or north west of the family home provides an excellent fire break and radiant heat shield and cools the air on hot summer days

The following common fruit and nut varieties will cope well with long dry periods when established:

For a good crop in dryer locations drip irrigation is recommended.

Quince (will sucker), pomegranate, plum, persimmon, pecan, pear, mulberry, fig (will sucker), apricot and almond.

Apple, peach, nectarine are less drought tolerant but will still survive without irrigation if 'the dry' is not too prolonged.

The luxurious foliage of a grape vine will trap and cool airborne embers

Walnut (Black Walnut provides valuable timber), hazelnut, chestnut and cherry definitely need moist soil with good drainage and prefer cooler summers.

Deciduous Trees / Bushfire Protection

Continued from previous page

Ornamental pears and ornamental prunus are a very useful medium sized trees that will cope with drought and poor drainage. The prunus species which include almond, apricot and plum are tough and adaptable to most soils particularly if they are grafted onto plum rootstock.

Ornamental and fruiting grape vines are also very hardy and can be used as a trellised fire shield. Deciduous trees provide many benefits around human settlements but reducing the fire risk is arguably a most critical asset that should be considered for every rural home.

Planting back the indigenous and native vegetation in rural and urban areas is essential to protect our indigenous flora and fauna and to restore the resilience of the natural environment to change, but it would be foolish to ignore the advantages that deciduous plants offer to human safety in the advent of a serious fire

Stephen Murphy is qualified in Geology and Environmental Management and has been a nurseryman and a designer of natural landscapes for over 30 years. He loves the bush, supports Landcare and is a volunteer helping to conserve local reserves.

He continues to write about ecology, natural history and sustainable biorich landscape design.

Markets

Bairnsdale Farmers Market	1st Saturday of the month Next market 7th March 8:00am
Paynesville Farmers & Makers Market (on the Esplanade)	4th Saturday of the month Next market 28th March 8:30-1:30
Howitt Park Market Bairnsdale	4th Sunday of the month Next market 29th March 8:00– 1:00
Wyndham Village Markets (Wyndham Hall)	4th Sunday of the month Next market 29th March 8:30– 1:00
Merrimbula Seaside Market (Ford Park)	3rd Sunday of the month Next market 23rd June 8:00– 12:30
Eden local Produce Market (Garden of Eden, Chandros Street) 2:00	3rd Saturday of the month Next market 22nd March 10:00–
Pambula Market (Sports Oval)	2nd Sunday of the month Next market 15th March 8:00– 1:00
Candelo Market (by the river)	1st Sunday of the month Next market 8th March 8:30– 12:30

Recipes

Banana Nice Cream with Strawberry Sauce

Ingredients:

4 frozen bananas
1 1/2 cups of strawberries, sliced and diced
1/2 cup of dates
Optional: 1/4 cup of water

Directions:

For the sauce, blend 1 cup of sliced strawberries with 1/2 cups of dates.

To make the ice-cream, cut each frozen banana into 3 or 4 pieces. Place all of these pieces into a food processor and pulse to combine. After pulsing a few times begin to process continually while adding water by the tablespoon as needed until a thick, creamy, smooth texture is achieved.

Place into a freezer safe bowl. Drizzle the strawberry sauce in a circular pattern over the top of the ice-cream. Using a knife, cut the sauce through the ice-cream in swirls. Do not over stir.

Place the bowl in the freezer to set for at least 15 minutes to harden. Scoop ice-cream into the bowls and serve topped with extra sauce and slices strawberries.

Grilled veggie pasta salad

Ingredients

- 1 small zucchini, halved lengthwise
- 1 red sweet pepper, stemmed, seeded, and quartered
- 1/2 small red onion, cut into 1/2-inch thick slices
- 1/2 pound asparagus, trimmed
- 3 tablespoons olive oil
- 4 cups cooked whole grain rotini pasta
- 1 tablespoon balsamic vinegar
- 1/4 teaspoon salt
- 1/8 teaspoon ground black pepper
- 2 tablespoons fresh oregano, chopped
- Shredded Parmesan cheese (optional)



Directions

Lightly brush vegetables with 1 tablespoon of the oil. For a charcoal grill, place vegetables on the rack of the grill over medium-hot coals. Cover and grill for 3 to 5 minutes for asparagus, turning once, and about 10 minutes for the zucchini, sweet pepper, and onion, turning once, or until vegetables are tender. Remove and cool slightly. (For a gas grill, preheat grill. Reduce heat to medium-high. Add vegetables to grill rack and grill as above.)

Cut vegetables into 1/2-inch pieces and toss with pasta in a large bowl. Add remaining oil, balsamic vinegar, salt, and black pepper to pasta mixture; toss to coat. Top with fresh oregano and, if desired, Parmesan. Makes 4 servings.

From the Local Rag 1980

IT IS TOUGH IN TUBBUT

- Brenda Neven

It is always tough in Tubbut
To live the days right through
Everytime you walk outside you
Get bowled over by kangaroos.

You silly city slickers wouldn't know
what to do
We work all day from sunrise and
go right on through.

Floods and bushfires are a big pest
But we always run around and do our best
Bulldoze other channels to run the river dry
So it will not flood us, up to Gundegsi.

We do this in two seconds and
irrigate our paddocks
Then you turn around and there's always
other havocs.

Bushfires come and go like 'dam' blowflies
Frost and snow is just as bad
But this never makes us cry
The wind and 'dam' humidity
You just couldn't stand
You'd be workin' in one paddock
Next you're in the dam.

Continued next page

From the Local Rag 1980

Kangaroos come swarming round
Like a hive of bees
You just can't get through the gates
Unless you're on your knees.

The drought is the one thing
That's not the very best,
Every flaming thing dies on you
All except the pests.

Rabbits are running round in herds,
We shoot and trap them down,
Teetree always standing there,
To hide them from the ground.

These 'dam' pests are very hard to control
You plough all day and night to make
the soil roll

Tractors working overtime, we work and toil
and melt

Carting hay and sowing crops, but the
heat is never felt.

The daylight saving then came in, our days
were long enough

1 It goes to show, the government don't
know their flamin' stuff

We work and strive from dawn to dark
and then the moon comes up.

Now you've got to understand we really
are all tough.

You'll never make us leave this land
until we're really bust
Just go and ask our Teddy,
He'll say we'll never rust.

February 2020

Mon Tue Wed Thu Fri Sat Sun

10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

March 2020

Mon Tue Wed Thu Fri Sat Sun

						1
2	3	4	Library bus (fingers crossed)	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26 Community Lunch/ Computers	27	28	29
30	31					