

TUBBUT TATTLER

ISSN 2200 - 5243



Next deadline: 2021

2021

Tubbut Neighbourhood House

E-mail: tubbutnh@inet.net.au

Phone: 02 64580295

Open Wednesday, Thursday and Fridays

<http://www.tubbutnh.com> Like us on Facebook



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CLASSIFIEDS

Available for parties and anything—Tubbut pizza oven (Bonang Hall also has one available for public hire



Septic getting full?

Robert Hampshire will pump out your loo. Septic tanks, porta-loos— no problems Truck has capacity to handle 2 tanks/trip Phone: 0417423983
Please keep your old glass bottles for Robert too as he is a passionate collector.

Bobcat contractor for hire

Slashing, clearing, small earthworks, levelling, preparation for sheds, carports, water tanks and paving and clean ups
Ring Steve 0407190258 or email stephenscroope@bigpond.com

Orbost Solar and Electrical

Happy to come to our area and comes highly recommended by the Tubbut Neighbourhood House

Call Ben on 0434038395



FOR HIRE

The Tubbut Neighbourhood House has the following for Hire:

Trailer—\$5.00 per day

Wood Splitter—\$10.00 per day

You can also borrow many of our gadgets:

Laminator, recording VHS to DVD player, Laptop, tablet, digital photo scanner, convert photos, slides or negatives to digital, record records to USB

Tattler Contributions: We welcome your articles, news, reports on local groups, photos from local events, milestones, interesting stories, poems, biographies, births, deaths, historical items, and more. *We also welcome any letters to the editors,*

The Tubbut Tattler is produced by the Coordinators of the Tubbut Neighbourhood House which is funded by the Victorian Government. Material herein is the responsibility of the authors and does not represent the views of the DVICG or Tubbut Neighbourhood House unless stated. We welcome material from, and of interest to, people in the border areas of East Gippsland and NSW.

WANTED

Old crockery of any colour except white, can have patterns, can be broken.

Please contact Sue Collins 64580287 or the NH, or leave at the Bonang Hall.

These will be used to Mosaic the Pizza Oven at Bonang.

Delegate Multi Purpose Service Craigie St, Delegate

Wellness Clinic

Monday 9am –10am
Every week except public holidays.
No appointment necessary.

A clinic where well people come for health monitoring and a variety of nursing procedures such as :

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent and pre-operative Electrocardiograms
- Health Assessments
- Suture or clip removal
- Injections with Doctors written orders
- Other procedures that do not require a Doctor

Pathology clinic (conducted by Pathology West)

Wednesday 9.30am—10.30am
No appointment necessary.
Every week except public holidays.

Women's Health Clinic

4th Thursday of the month at Delegate MPS
Phone 1800 999 880 for an appointment

RedSpa Sanctuary Remedial Massage
Shiatsu
Bowen therapy

Over 20 years Experience.
Home visits available
By Appointment

0422 130 569

Available for cleaning (only)
Contact Natasha 64588162 or 0408477774

Tubbut Neighbourhood House

Tubbut was a hive of activity over the Easter weekend with the 4 wheel drivers camping on the tennis courts and the Cloud Riders (pushbikes) having a stopover as well. Steve from the Cloud Riders would like to extend thanks to the Tubbut community for their hospitality again this year and they look forward to visiting again next year.

Regular events:

Yoga with Deb at the Bonang Hall Saturday mornings at 10:00am please call the Neighbourhood House the Friday before to check that it is on.

Workshops coming up:

Candle making with Tiff on the 22nd of April at the Bonang Hall at 10:00am, cost is \$10.00, please bring your lunch and call the Neighbourhood House on 0264580287 for any other info you may require.

We are going to have a **community lunch** on the same day as the **Colour & Creativity Workshop (13th May)** come for one or come for both, but let us know for catering purposes

The Neighbourhood House continues to operate out of the Bonang Hall once a fortnight.

Mental Health Nurse Led Outreach Support

We would like to remind everyone of the services that Birgit offers to our remote communities, if you feel you would like to have her call in on you even if it's just for a cuppa and a chat she would be more than happy to schedule a time and or place which suits you, Birgit is such an asset to our area and the fact that she and her husband have purchased land here is a testament to her love of our mountain community. This service is provided by Orbst Regional Health.

Contact details are: Email: birgit.schaedler@orh.com.au
Mobile: 0491090452

SAVE THE DATE 21st October 2021

We have set this date for the Bonang Big Arvo, we have decided to go with the same format as 2019 with a lunch instead of dinner as we feel this is more likely to accommodate the service providers. Stay tuned for more information.

Harvest Festival

On Saturday the 20th of March the Community came together at the Bonang Hall to celebrate the Harvest season, around 60 people enjoyed the Music from Archer and Matiss who had travelled all the way from Central Victoria to entertain us, they played a variety of songs with some of Archer's original's thrown in which the crowd loved, there was a lot of foot tapping and clapping along to the tunes. A special part of the evening was when Archer presented Helen Neven from Tubbut with a beautiful bouquet of flowers and then he and Matiss proceeded to serenade her with a song, which judging by the expression on her face she thoroughly enjoyed.

We all then enjoyed a lovely meal prepared by Caroline, Shelly and their helpers.

It was so nice to see so many community members from all over coming along to enjoy the night. The Hall was decorated by Lisa Red in beautiful bright sunflowers and a display of produce and flowers from Lisa and Grants very productive little patch in Tubbut. We are looking forward to the prospect of a similar event later in the year maybe a Spring Festival when we all come out of hibernation?

The Festival was funded by phn (primary health network) and the Tubbut Neighbourhood House.



Some of the yummy dinner on offer.



Hopeseed Farm from Goongerah had a lovely display.



Nellie from Tubbut manning the door.



Some of the crowd enjoying the night.



One of the little festival goers
Tilly Gulliford.



Barbara from Bendoc with her lovely
soaps for sale.



Harlen and Zara having a dance.



Lisa Red from Tubbut made an
awesome display from her garden.

Harvest Festival



Archer & Matiss our entertainers



Helen & Alan enjoying the great dinner



Kate Ingram looks like she enjoyed herself



Fiona, Kevin & Andrew enjoyed the night.



Grant & Archer just chilling out amongst the sunflowers.



Rhonda D from Canberra with her partner Robert and Bonang local Deb performed a drumming ceremony from the Native American belief system acknowledging the four directions and the season's of life.

Colour & Creativity Workshop



Colour & Creativity Workshop

Join Madelaine and Thérèse for a fun afternoon connecting with your creative side. Using acrylic paint on stretched canvas and coloured ink on paper we will explore, create and play.

CatholicCare Victoria's Bushfire Community Recovery Service provides mental health and wellbeing support to communities across East Gippsland. Art is a fun and therapeutic activity great for calming the mind and body, developing self-awareness, and cultivating mental wellbeing.

✓ For any experience ✓ Free workshop ✓ Materials supplied workshop ✓ Fresh Coffee

On Thursday 1st of April BRV (Bushfire Recovery Victoria) held the first of the Creative Art workshops for Bonang & Tubbut, they had a great day with 6 eager participants willing to just have a go and much to their delight they actually created some really nice art work. These workshops will be held bi monthly at each Hall with the next one at Tubbut on Thursday the 13th of May. Please come along and explore your creative side you might just be pleasantly surprised. We also got to enjoy a lovely cappuccino made by Madelaine in her mobile coffee shop.



Basket Weaving Workshop

Indigenous Weaving Workshop

Around 25 people sat in circle and learnt the art of Indigenous basket weaving at the Goongerah Community Hall recently, Participants from Goongerah, Deddick, Tubbut, Bendoc, Sardine Creek and Delegate watched carefully as local Gunai Elder Susan Martin and her daughter Kylie demonstrated the art of basket weaving. They weave local native grasses into an intricate pattern that will, in time, form a basket.

The Deddick Valley Isolated Community Group, with the assistance of Orbost Regional Health Outreach Mental Health Nurse, Birgit, was successful in receiving a grant from the Gippsland Primary Health Network One Good Community Wellbeing Grants Program last year as part of the communities self-directed Wild Fire Recovery. Orbost Regional Health also kindly supported the application with a letter and the grant allowed the workshop to be held at no cost to participants

Shelly McLaren from Goongerah was the successful applicant for the position of Recreational Assistant as part of the grant expenditure and organised the weaving workshop hoping to bring people from the different communities together.

The 2020 fires hit Goongerah very hard and Shelly said the people were still healing as the forest around them continued to regenerate. "Slowly we are coming out and gathering again," she explained. "Sitting around as a group learning this traditional skill from the Indigenous owners of this land was replenishing and a great way to heal.

Like the country here, we will never be the same but we will recoup and get stronger as a community."

Listening to the historical stories from Uncle Buzzy were also shared as part of the healing process. Shelly said participants were keen to have another weaving day and welcomed the idea of a healing ceremony with the Gunai Kurnai people.

"The best way forward after such an event as the 2020 fires is being together and sharing our different cultures," Shelly concluded.



Community Information

ANZAC Day 2021

Important Update to ANZAC Day services.

Delegate RSL Sub Branch has been formally granted an Exemption (with conditions) from the NSW Covid 19 rules for ANZAC Day 2021. This means we can now hold a march.

Everyone who wishes to March has to provide their name and contact number to the Sub Branch prior to the march proceeding. If you do not provide these details you will not be allowed to march.

Members of the public who line the road to watch the march and service do not have to provide contact details but are asked to maintain Covid safe distancing.

We have approached the Council Traffic Committee for permission to hold a March and for a Road Closure to be granted but are still awaiting a reply from Council.

So, our current plan is to hold the Dawn service at the Cenotaph, followed by a gunfire breakfast at the RSL Hall as reported in last months paper.

Also hold a March, starting at the Cenotaph in Delegate and marching to the Memorial Gates for a short service. We ask people who wish to march to get in contact with our Secretary, Mr Bill Bateman on 0428 431 942 or delegatesb@rslnsw.org.au prior to the 25th of April and register your details.

The ANZAC March and Service will be followed by Lunch at the Delegate Country Club.

Bookings are essential. Book either at the Club or with Bec Kading 0407089677

The marchers are requested to arrive at the Cenotaph at 10:30 with an aim to march off at 11am.

Should our road closure not be forthcoming, we will revert to holding a service in the Memorial Park starting at 11am without a March.

If any further changes come to light, we will post notices on the Café and General Store windows and on the Delegate RSL Sub Branch and Delegate Community Facebook Pages.

Thank you for your understanding as we navigate this regulatory minefield.

Phil Pope
President
Delegate Sub Branch.



PUBLIC MEMORIAL SERVICE

Dr Deb Foskey

1 May 2021 | 1.30 - 3.30 PM

Yarralumla Primary School

Loftus St, Yarralumla, Canberra

RSVP | MONDAY 26 APRIL
INDRA.ESGUERRA@GMAIL.COM

Please join us to celebrate Deb's life on the first anniversary of her death.

Please consider bringing a plate of food to share for afternoon tea (in a COVID-friendly manner), if you could let us know when you RSVP that would be helpful.

The event will also be an official launch of the Dr Deb Foskey Fund scholarship established in partnership with WELA, and announcement of the first 3 recipients.



Bonang Post Office History

Post Offices in Gippsland – B

BONANG

Post Office

24 km SW of Delegate N.S.W.

A loose-bag mail service was instituted from the beginning of July 1868, with the post office opening on 12th October 1874. The post office closed on 17th February 1998. A Community Postal Agency began operation sometime after that (date unknown) and has presumably since closed.

Notes:

During October 1864 Government Geologists, Norman Taylor and Jacob Brache, met "...a settler named Marriott near Bonang where he had been prospecting all over the country". On 18th November 1866 the Marriotts began working the Rising Sun Mine "...totally ignorant of quartz reefing, and never saw a crushing machine at work. Relying, however on the richness of the stone, they constructed a very original plant, being a large wooden barrel fitted with several shafts, and worked directly by a water wheel. These shafts in revolving raise eight stamp heads, made from red gum and shod with iron; and without any ripple tables, with only a short box, they wash out regularly a yield of more than an ounce to the ton. By this method more than one half of the gold must escape, and with efficient machinery the yield would be double..."

Because of the difficulties getting to Bairnsdale, the Marriotts sold their gold to Bombala in N.S.W. There were about a dozen men working the Rising Sun, and there were other miners in the immediate vicinity – enough for the P.M.G. department to agree to a loose-bag service for the Bonang; the mail contract was operated by Henry St. John Law. Although no names are available, it appears certain that Robert Marriott (snr) was the person responsible for Bonang's mails during the loose-bag period. During August 1869, Robert Marriott and his sons – Thomas, James, William and Robert jnr – advertised their intent to obtain a mining lease for the Rising Sun which they had been working for nearly three years. At this stage there were 35 miners in the Bonang area. The residents of Bonang petitioned the P.M.G. department for a post office in May 1874, and Robert Marriott (Snr) was Bonang's first postmaster and received a £9 p.a. allowance. Over the 10-year period Mr Marriott held the post office, the remuneration fell to £6, with only 1190 letters posted during 1884. Bonang was issued with Barred Numeral 854 when the office opened.

BONANG, CROAJINGOLONG CO.
292 miles E. by rail to Bairnsdale,
thence 107 miles by steamer to
Lakes entrance & coach to Orbost,
thence hire; State school; post
office; pastoral.
Armstrong William, storekeeper
Marriott Robert, blacksmith
New Rising Sun Gold Mining Co.
Rich William, sawmills
Winner Caroline, boarding house



conveyance of mails to and from Bairnsdale and Delegate, by way of Bruthen, Buchan, Gelantipy, Deduc, Tubbutt, Cobanandra, Bonang, and Bendoc Diggings, once a week, from 8th July to 31st December, 1868, at the rate of £495 per annum, £238 3s. 8d. (in lieu of contract No. 368 of 1868, cancelled from 8th July, C. 10 | 61), H. St. J. Law; conveyance of mails to

Victorian Post Office Directory 1888

During 1884, Robert Marriott Jnr held the post office in his Blacksmith forge for a couple of months before the post office was transferred to William Clancy's general store which had opened in the first months of the Rising Sun Mine's existence.

Clancy had been the second purchaser of land in the area during 1876, securing the land on which his store and house were located on the original track through to Bendoc. During 1888, William Clancy constructed a new home with the view to obtaining a Liquor License. In July of that year, he had been appointed as Collector of Imposts and, later, he was also appointed Electoral Registrar for the district. The additional duties to operating the post office led him to appoint a manager to his general store, while he constructed a purpose-built post office close to his Hotel. In April 1917, the telephone connection between Bonang and Delegate was completed, however the service only lasted a few months before being transferred to Bonang Lower, due to Mrs Clancy being unable or unwilling to manage the telephone switchboard.

Marion Legge also had to accept the post office duties when the P.M.G. decided to keep the postal and telephone services together, but this arrangement only lasted from July until August – when the post office and telephone service returned to Clancy's, and Miss J. Clancy was the switchboard operator. However, this arrangement didn't last very long; the post office and telephone took the trip south to Marion Legge once more during 1919 nearly two years before returning to William Clancy in March 1921. (NOTE: here, I believe [although there is nothing in John Waghorn's notes to confirm this] that William Clancy junior took over as postmaster.) At the end of 1926 William Clancy resigned as postmaster and the duties were transferred to Frederick Mead for nearly 12 months before Francis Reynolds attempted the job; he lasted less time than Mr Mead. At the beginning of December 1927, the Bonang post office returned to the Legge household. Robert Legge held the office of postmaster until his death toward the end of 1946. His

Bonang Post Office History cont..

His widow, Marion, once again took over the duties of postmistress and switchboard operator.

Marion Legge notified the P.M.G. of her decision to retire at the end of June 1950, and the post office facility was transferred to Andrew Ingram during August. Mrs Legge stayed on as postmistress until the beginning of October to instruct Mr Ingram. In July 1953 Money Order facilities were made available through the office – something the residents had been pushing for since 1939. Mr Ingram retained the post office until March 1962 when it was transferred to Margaret Mustard – who only served for 3 months before Betty Murray accepted the role. Mrs Murray was Bonang's postmistress until November 1970 and Geoffrey Drake took on the postal duties for 5 years before handing the baton to William Owen in November 1975. It was during Mr Drake's tenure that the manual telephone exchange was changed to R.A.X. (Rural Automatic Exchange). Five years later, Manfred Kleef became Bonang's postmaster on an allowance of \$2743 per year (double the allowance paid to Mrs Murray).

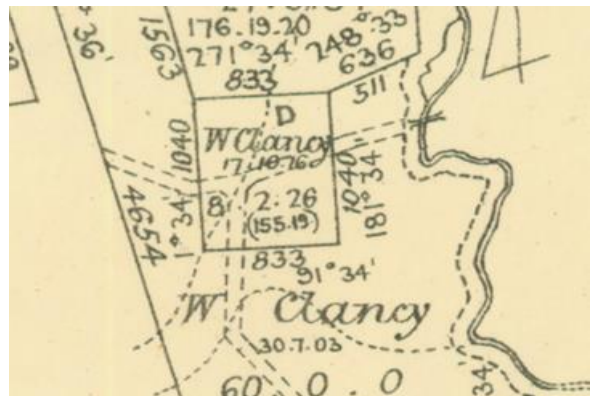
Toward the end of June 1984 Jane Dillon became Bonang's postmistress, and for the next 15 years the Bonang post office resided in the general store until it was destroyed by fire.

Notice of Application for a Roadside License.

I WILLIAM CLANCY of Bonang do hereby give notice that I desire to obtain and will at the sitting of the Licensing Court for the Licensing District of Bairnsdale to be holden at Bairnsdale on the 6th day of December next apply for a certificate authorising the issue of a Roadside License for premises situate at Bonang, containing six rooms exclusive of those required for the use of my family and servants.

Dated this 24th day of December one thousand eight hundred and eighty-eight.

WILLIAM CLANCY.



COLLECTORS OF IMPOSTS.

HIS Excellency the Governor, with the advice of the Executive Council, has been pleased to approve of the under-mentioned appointments, viz. :—

CHARLES S. ALEXANDER, Postmaster, Rokewood,
to be a Collector of Imposts at Rokewood, for the purpose of collecting the fees payable on Miners' Rights and other Fixed Priced Licenses issued by him, *vice* Agnes White resigned ;

WILLIAM CLANCY, Postmaster, Bonang,
to be a Collector of Imposts at Bonang, for the purpose of collecting the fees payable on Miners' Rights.

D. GILLIES,
Treasurer.

Treasury,
Melbourne, 9th July 1888.

This article was kindly forwarded to us from Jenny Colman.

Foot note: Rohan & Kylie Rhodes had purchased the Store/ Post office from the Dillon's and so they were the owners when it burnt down.(not sure on date). In 1996 Amanda & Royce Marion built Bonang Rural Services and Amanda took on the mail contract they operated until 2006, the area now has road side delivery from a contactor from Orbst.

Media Event in Orbost

On the 30th May two families from the North Riding were prosecuted at the Orbost courthouse for breaking the law. Their crime was that they built houses in breach of the Uniform Building Regulations of Victoria.

The first case heard by the magistrate was that of Richard and Debra Shill who provided their own defence. Richard's account of their case follows-

'We pleaded not guilty to all the charges on the grounds that we did not believe we had broken any law. We felt the law we had been charged with breaking was in fact immoral because it denies people their basic right to provide themselves with shelter from the cold. A right so basic I can't think of any other culture where such an irrational situation would occur. We also felt that we were not guilty because our being charged at all need not have happened. What better proof of being not guilty of an offence is there than to show that being there in court was not necessary. The council could have used its discretionary power and not forced the prosecution. It should not have been forced because through visits and letters from the relevant state government departments positive indications had been given to everybody that requests for temporary housing law reform were reasonable and were being looked at with a view to changing them, thereby hopefully dissolving the present ridiculous situation where people are harassed by bureaucrats enforcing a mindless law and in some cases fined or gaoled and worst of all forced from the comfort of their homes into tents or caravans which are curiously quite legal!'

Unfortunately the magistrate claimed that arguments such as the morality of the law were not matters for him to consider he was only concerned with whether the facts set out in the charges were proved. The magistrate interrupted the defence case a number of times claiming it was irrelevant.

Richard and Debra demonstrated great determination in pursuing their case which was eventually cut short by the magistrate who grew increasingly agitated. They were fined \$50 and \$40 each on two charges (2 of the 4 charges were dropped in court by the prosecuting barrister) and ordered to pay \$150 costs each.

Sally Heslop appeared next before the court as legal owner of Sally and Jims' house.

They also had organised their own defence which Jim was all set to conduct when the magistrate informed them that only the defendant (Sally) or a barrister could present the case.

Sally pleaded not guilty and took control of the case but was hampered in the same way as Debra and Richard in that the magistrate claimed that she was not properly addressing the charges before the court and the question of morality of the law was a matter for the council and the state government not the court.

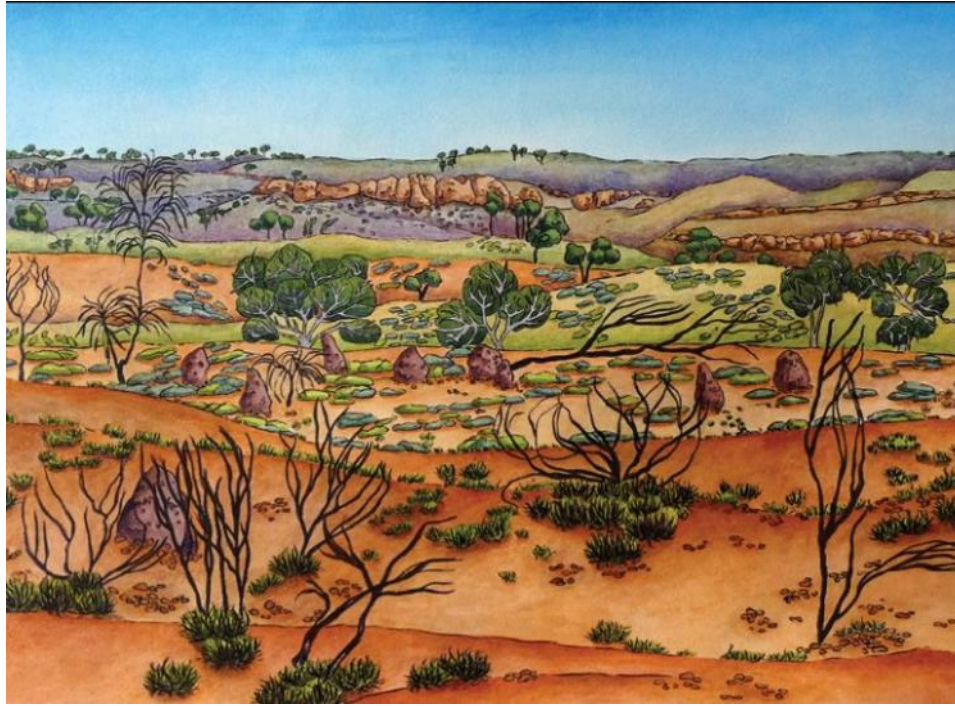
The charges against Sally were proven and she was fined \$30 on each of two charges. The magistrate decided that the professional costs for the prosecutor were to be born by the Council.

A large and enthusiastic public gallery offered support and encouragement to Richard, Deb and Sally who did an excellent job in spite of their inexperience.

A large press contingent was also present for the cases including three T.V. crews. Lets hope the press coverage which was very sympathetic has roused public support for changes to one of the most unjust legal anomalies facing our community today.



News from the Shire



On the road to Kununurra, ink and watercolour

LINDEN DEAN WALKING ON ANCIENT GROUND

23 April - 31 May 2021
Opening event 5.30pm Friday 23 April
All welcome FREE

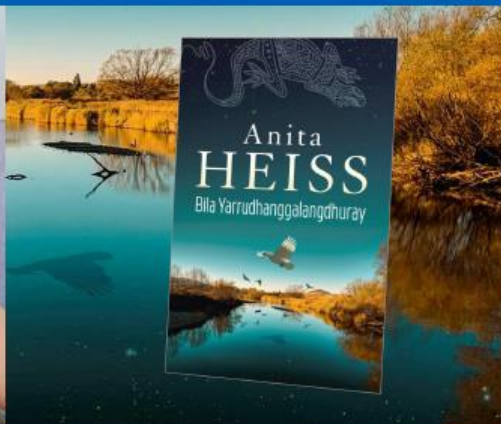
East Gippsland Art Gallery
2 Nicholson Street Bairnsdale VIC 3875
03 5153 1988 | eastgippslandartgallery.org.au
Tue to Fri 10am-4pm | Sat to Mon 10am-2pm



EAST GIPPSLAND
SHIRE LIBRARIES

FREE BOOKINGS ESSENTIAL

In Conversation With Dr Anita Heiss



Join writer, Claire Halliday, in conversation with acclaimed author, poet and social commentator, Dr Anita Heiss

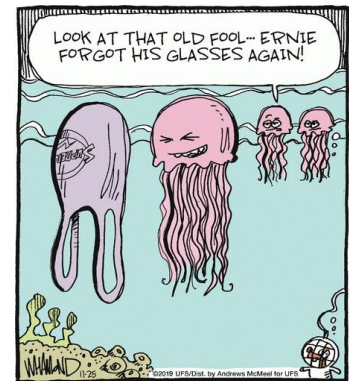
Anita is a proud member of the Wiradjuri Nation of central New South Wales and is one of Australia's most prolific authors, with books published across many genres, including non-fiction, historical fiction, commercial fiction and children's literature.

Her memoir *Am I Black Enough for You?* was a finalist in the 2012 Human Rights Awards and she was a finalist in the 2013 Australian of the Year Awards (Local Hero). As an advocate for Indigenous literacy, Anita has worked in remote communities as a role model and encouraging young Indigenous Australians to write their own stories.

In this free, online event, Anita will discuss her writing career and her latest historical novel, *Bila Yarrudhang-galang-dhuray*, which draws on real-life events from 1852 and features the Wiradjuri language to tell a powerful story of 'love, loss and belonging.'

Online Author Talk
Tuesday 1 June 6.30 pm
Online via Zoom

Book at Eventbrite
bit.ly/AnitaHeissOnline
or phone 5152 4225



News from the Department

Targeted planned burning program starting soon in Gippsland

This summer's devastating bushfires have had a significant impact across East Gippsland and it's important Forest Fire Management Victoria (FFMVic) continues to look forward to progressing further works to protect our communities and the environment across the region.

With current cooler conditions and suitable moisture levels FFMVic firefighters will start the autumn planned burning program in targeted locations across Gippsland in coming weeks.

FFMVic Deputy Chief Fire Officer, Beth Roberts said although the region is on the tail end of an enormous fire season in the east, FFMVic's community protection works must continue all year round, when it's safe to do so.

Bushfires starting in our landscape are inevitable, but we are implementing a variety of works to lessen the intensity and spread when they do, such as planned burning, building and maintaining strategic fire breaks, clearing, mowing and slashing,

We know the proven benefits of clearing fuel loads under controlled conditions, with previous planned burn sites slowing fire spread at a number of locations in East Gippsland this summer.

We'll be utilising the hundreds of skilled firefighters on deck this season to conduct the burns which are carried out under the current cooler, damper conditions to lessen the impact on the environment, when it's safe to do so.

In the west and central parts of the region our firefighters will be focusing on asset protection burns around towns including Mirboo North, Neerim, Erica, Yarram, Won Wron, Loch Sport, Heyfield, Coongulla, Briagolong, Glenaladale and Dargo.

Smoke from planned burns may cause concern for some people, so thank you for bearing with us while this important work is carried out.

The planned burn program is undertaken across public and private land with FFMVic working in partnership with CFA, local government and landholders, as well as the Bureau of Meteorology to assess weather conditions such as humidity, temperature and wind speed.

To find out when and where planned burns are happening near you go to www.vic.gov.au/plannedburns or call 1800 226 226

BENDOC POLICE NEWS

Hi All,

Welcome to the April 2021 edition of Police News for Bendoc and surrounding areas. Hope you all had a wonderful Easter. Nice to see the sun still shining.

Some of you may have noticed we have had Forest Protestors in Playgrounds/Plantations Road over the past few months. Victoria Police work closely with GMA to facilitate the safe removal of protestors whilst ensuring offenders are dealt with accordingly.

Orbost Police continue to visit and patrol Bendoc on a weekly basis. If you need paperwork signed or have a general enquiry, please look out for the police car at the station or call the Orbost Police Station to find out when our next visit will be. (03) 51541073

Current Events: Lots of road works at the moment on the Victorian side of the border. Please adhere to the road signs for the safety of the workers and other road users.

We are starting to get more complaints in relation to illegal deer hunting in the area now people are starting to move around again. We are planning some operations in the coming months so please keep reporting...

'Game Management Authority' on 133 677 or on their website <https://www.gma.vic.gov.au/enforcement/report-illegal-hunting-online>

Report incidents or contact police in the following ways.

000 for immediate police attendance or urgent matters

Police Assistance Line on 131 444 for any non-urgent matters, to report a crime or leave a message for a police member to contact you

Online Reporting www.onlinereporting.police.vic.gov.au

Crime Stoppers 1800 333 000

The next newsletter will be in the middle of the year as I will be working away until mid-June.

Stay safe: Arlene



Word Search

A	R	U	R	E	T	H	R	A	B	W	A	N	I	T	B	O	D	I	E	S	A
P	K	K	R	J	L	S	E	B	A	C	E	O	U	S	N	S	B	W	T	U	S
O	O	H	E	B	V	E	N	O	B	T	C	A	P	M	O	C	X	W	S	R	H
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A	N	E	A	C	B	E	Z	V	W	V	E	I	M	O	X	W	O	M	I	U	B
H	A	V	O	L	L	U	O	F	E	S	E	E	M	Z	E	K	D	S	M	L	I
P	R	C	H	E	M	I	C	A	L	S	T	A	B	I	L	I	T	Y	P	O	F
O	C	J	K	S	U	D	O	R	I	F	E	R	O	U	S	L	G	S	U	V	E
R	I	S	O	V	O	L	U	N	T	A	R	Y	G	R	T	D	I	E	L	N	L
O	P	D	Q	V	W	A	S	D	R	O	C	L	A	N	I	P	S	V	S	I	C
N	A	S	O	P	H	A	R	Y	N	X	N	E	G	Y	X	O	L	Q	E	P	S
L	O	S	Z	S	I	T	T	O	L	G	I	P	E	D	W	S	Y	T	S	R	U
U	Y	X	K	Q	M	E	T	S	Y	S	Y	R	O	T	E	R	C	X	E	W	M

ANITBODIES

APOCRINE

ARTERIES

BLADDER

BRAIN

CAPILLARIES

CARBON DIOXIDE

CHEMICAL STABILITY

COMPACT BONE

CRANIAL NERVES

HORMONES

INVOLUNTARY

KIDNEYS

LARYNGOPHARYNX

LIVER

MOUTH

MUSCLE FIBERS

MUSCLES

NASAL SEPTUM

NASOPHARYNX

OVARIAN TUMORS

OXYGEN

SEBACEOUS

SKELETAL

SMOOTH

SPINAL CORD

SPINAL NERVES

SUDORIFEROUS

TEMPERATURE

URETERS

Recipes

Thai red curry chicken noodle soup

INGREDIENTS

2 tablespoons vegetable oil	300g fresh hokkien noodles
2 garlic cloves, crushed	1 1/2 cups finely sliced red cabbage
2cm piece fresh ginger, grated	1 carrot, cut into thin matchsticks
1/2 cup Thai red curry paste	1 cup bean sprouts, trimmed
2 x 400ml cans coconut milk	2 cups shredded cooked chicken
3 cups Massel chicken style liquid stock	Thinly sliced small red chillies, to serve
1 to 2 tablespoons fish sauce (optional)	Fresh coriander sprigs, to serve
1 tablespoon chilli paste (optional)	

METHOD

- Heat oil in a large saucepan over medium-high heat. Cook garlic and ginger, stirring, for 1 minute or until light golden. Add curry paste.
- Cook for 45 seconds. Stir in coconut milk and stock. Bring to a simmer. Reduce heat to low. Simmer for 10 minutes. Add the fish sauce and chilli paste to taste, if using.
- Divide noodles among serving bowls. Top with cabbage, carrot, sprouts and chicken. Ladle over soup. Top with fresh chilli and coriander. Serve immediately.

Chicken meatball soup

INGREDIENTS

extra small basil leaves to serve
500g chicken mince
1 eggwhite
5 garlic cloves, finely grated
2 onions, peeled, coarsely grated
2 tbs olive oil, plus extra to drizzle
2 x 400g cans crushed tomatoes
1L (4 cups) chicken stock
Finely grated and shaved parmesan, to serve

METHOD

- To make the meatballs, whiz basil and parsley in a food processor until finely chopped. Add chicken, eggwhite, half the grated garlic and half the onion, and pulse until just combined. Leave mixture in bowl and chill until required.
- Place oil and remaining garlic and onion in a saucepan over high heat and cook, stirring, for 2 minutes or until onion begins to soften. Stir through tomatoes and stock, and remove from heat. Using a stick blender, whiz tomato mixture until smooth. Return pan to high heat.
- Meanwhile, with wet hands, roll tablespoon-sized balls of chicken mixture into meatballs and add to soup. With soup at a simmer, swirl pan, then cover and cook, carefully stirring twice, for 8 minutes or until meatballs are cooked through.
- Divide soup among bowls, scatter with parmesan and extra basil leaves, and drizzle with extra oil to serve.

April 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22 Candle Making	23	24	25
26	27	28	29 Library Bus	30		

May 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 Memorial for Deb	2
3	4	5	6	7	8	9
10	11	12	13 Library Bus at Bonang. Lunch./Art workshop at Tubbut	14	15	16
17	18	19	20	21	22	23
24	25	26	27 Library Bus	28	29	30
31						