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# CLASSIFIEDS

Available for parties and anything—Tubbut pizza oven (Bonang Hall also has one available for public hire



### Septic getting full?

Robert Hampshire will pump out your loo. Septic tanks, porta-loos— no problems Truck has capacity to handle 2 tanks/trip Phone: 0417423983

Please keep your old glass bottles for Robert too as he is a passionate collector.

#### **Bobcat contractor for hire**

Slashing, clearing, small earthworks, levelling, preparation for sheds, carports, water tanks and paving and clean ups

Ring Steve 0407190258 or email stephenscroope@bigpond.com

#### **Orbost Solar and Electrical**

Happy to come to our area and comes highly recommended by the Tubbut Neighbourhood House

Call Ben on 0434038395



### **FOR HIRE**

The Tubbut Neighbourhood House has the following for Hire:
Trailer—\$5.00 per day
Wood Splitter—\$10.00 per day
You can also borrow many of our gadgets:
Laminator, recording VHS to DVD player, Laptop, tablet, digital photo scanner, convert photos, slides or negatives to digital, record records to USB

**Tattler Contributions:** We welcome your articles, news, reports on local groups, photos from local events, milestones, interesting stories, poems, biographies, births, deaths, historical items, and more. We also welcome any letters to the editors,

The Tubbut Tattler is produced by the Coordinators of the Tubbut Neighbourhood House which is funded by the Victorian Government. Material herein is the responsibility of the authors and does not represent the views of the DVICG or Tubbut Neighbourhood House unless stated. We welcome material from, and of interest to, people in the border areas of East Gippsland and NSW.

### **WANTED**

Old crockery of any colour except white, can have patterns, can be broken.

Please contact Sue Collins 64580287 or the NH, or leave at the Bonang Hall.

These will be used to Mosaic the Pizza Oven at Bonang.

#### Delegate Multi Purpose Service Craigie St, Delegate

#### **Wellness Clinic**

Monday 9am –10am

Every week except public holidays.

No appointment necessary.

A clinic where well people come for health monitoring and a variety of nursing procedures such

Wound care

Blood pressure readings

Blood sugar readings

Non-urgent and pre-operative Electrocardiograms

Health Assessments

Suture or clip removal

Injections with Doctors written orders

Other procedures that do not require a Doctor

# Pathology clinic (conducted by Pathology West)

Wednesday 9.30am—10.30am No appointment necessary. Every week except public holidays.

#### **Women's Health Clinic**

4th Thursday of the month at Delegate MPS Phone 1800 999 880 for an appointment



Available for cleaning (only)
Contact Natasha 64588162 or 0408477774

# Tubbut Neighbourhood House

# Community Pizza Lunch Wednesday 11th August at Tubbut

Tubbut Neighbourhood House will be at Bonang on Thursday 19th of August for a craft day, we will have painting, silk painting, macramé, and we will also have the microwave kilns for glass slumping smaller items such as pendants and earrings. BYO lunch and \$10 to go towards supplies.

> Private Overhead Electric Line Scheme

#### Grant to Underground Private Powerlines ..



Property owners with privately owned bare-wire overhead powerlines can protect their homes from the risk of bushfire by having their powerlines undergrounded.

The Victorian Government will pay for replacement works for eligible own Private Overhead Electric Line (POEL) Scheme.

The POEL Scheme aims to reduce overall bushfire risk and increase community safety.

Residents impacted by the 2019-20 bushfires can make their properties safer by applying for this government assistance. Eligible areas have been expanded to all designated High Bushfire Risk Areas in the following Local Government Areas:

- Alpine
- Towong

• East Gippsland

For more information and to make an email<u>safer.powerlines@delwp.vic.gov</u>
<u>au</u> or call the POEL Scheme Project Team on: (03) 9918 7315.

www.energy.vic.gov.au/electricity/ powerline-replacement

APPLICATIONS

**OPEN** 

Each and every locality across East Gippsland is being encouraged to take part in a community consultation/ debrief to talk about experiences of previous bushfires to work towards developing a locality specific Emergency Management Plan for future disasters.

The Community Debrief is the next step in developing the Emergency Management Plan, including the revision/ development of the 'LIMP', leading into the development of a long term Action Plan based on preparedness and resilience for future disasters in each locality

So far about 25 localities have had these debriefs and are now on the way to drafting their 'Action Plan'. There are another 30 to go including the E2S communities. Each community – Bendoc, Tubbut/Bonang and Goongerah - will have its own meeting as each locality is unique with risks and evacuation opportunities

Previous steps in this process were the IGEM sessions, the Rob Gordon sessions, the LIMP updates by Shires EM team and now the Debrief will bring the each community together with the agencies that were at the scene of the 2019-20 bushfires, plus those you have been working with since in 'other aspects' of disaster preparedness based on skills and previous experiences and those that have been working more broadly across the Shire getting ready for the next impact..

The community and agencies such as DELWP, ParksVic, CFA, VicPol, Telstra, NBN, AgVic, Orbost Regional Health, Landcare will work together to talk about their experiences, using skills and local knowledge to determine how things will be better done next time. The process is based on 'co-design' using the skills and knowledge of all relevant parties.

If you think it would be helpful to have agencies based in Delegate, Bombala, Cooma and beyond at 'your' meeting please say so and we will see what can be done.

The Debrief facilitator is an independent consultant not aligned with The Shire, any agency or department.

The meeting will be catered for by EGSC and can be any day of the week including weekends – depending on your availability. This meeting is not limited to the CRC as all community members will be individually invited to be at the meeting. The Shire send out invitations to all residents through the post, newspapers, radio and social media as soon as the dates are set.

This will be happening most likely in September, date to be adviced.







### Vale Blue Minchin

On Saturday, 17th of July, Blue Minchin passed away peacefully. Much loved brother/in-law to Helen and Alan Neven. Beloved Uncle to Philip, Patrizia, Great Uncle to Penny, Stu, Clare, Jarryd, Daisy, James and Jess and Great, Great Uncle to Piper, Lachlan, Oscar, Olivia, Hazel and Charles. Thank you so much for everything.

To Opal Bairnsdale, he loved 'his girls,' thank you so much to all the girls and 'good lads' for taking such good care of him.

So many memories of adventures, tales, history and words of wisdom. You will be greatly missed

# Vale John Ingram

John Andrew Ingram – A Tribute 1936 – 2021 By Shayne Hyman nee Ingram

Dad was born on the Delegate River bridge, he told me more than once, just outside the township of Delegate in NSW on the 29<sup>th</sup> of December 1936 but his birth was not registered until the next day, the 30<sup>th</sup> of December. For as long a I can remember he claimed to have been born on the 31<sup>st</sup> of December, New Year's Eve, and joked, "If Mum had hung on a day longer, I'd be a year younger!" He liked a joke.

John was the oldest child born to Andrew Reginald and Mavis Agnes Ingram nee O'Connor. Followed by:

A sister, Margaret Regina, known as Meg (dec)

Another sister, Irene (also dec)

A brother, Alan (dec)

Sister, Valerie, known as Val (dec), and John is survived by

his brother Robin of Orbost, and

Sister Glenise of Delegate.

A handsome child, with distinctive blue eyes, John started life in Tombong and then grew up in Bonang where his father ran the Bonang General Store and was Postmaster for many years. Dad was athletic and played tennis, cricket, and later in life, Australian Rules Football. He attended the Bonang School with about 30 other children from the district whose families were involved in timber harvesting, grazing, and, prospecting.

It was on the tennis courts at Goongerah where John met my mother, Thelma Alice, as she was known at the time, and they married in Delegate on the 19<sup>th</sup> of October 1956. John and Thelma became young parents of four children between 1957 and 1962, television had yet to be invented! All born at the Orbost Bush Nursing Hospital and are all living today, although with some of the shenanigans my brothers got up to in their youth, this is a wonder! We are:

Shayne Maree (me)

Neil John

Julie Michelle, and

Lee Andrew.

John worked for the Country Roads Board, maintaining the Bonang Road, around the time of my birth, and he'd tried his hand at several of other jobs before his application was accepted to join the police force. Dad moved to Melbourne to start training.

John's first posting was Glen Huntly Police Station on Royal Parade, Glen Huntly where he covered his beat on a bicycle. His last post was as Senior Sergeant and Officer in Charge at the busy peri-urban city of Cranbourne police station, where he lived in the residence next door. Most of his police career was in uniform except for two terms in the Criminal Investigation Branch, one based in Collingwood and the other at Frankston. It was said that he had the potential to go higher in rank but Dad preferred day-to-day policing, and contact with people of all kinds, from all walks of life.

"J-I"as he was known was very proud of being a police officer and was occasionally mentioned for his work, in news reports. I remember he spent many nights scaling fences in pursuit of a quick and nimble cat burglar in Melbourne's leafier suburbs, and he was Bob Hawke's bodyguard when Hawke was President of the ACTU. John did his time on point duty, and I remember him subduing a machete-welding man outside our home in Frankston one evening much to the delight of the neighbours. Life was never dull as Dad had a keen sense of humour and it served us all well. One day when we were parked outside the Dandenong Trash and Treasure Market waiting for the rest of the family to come out, a divi-van drove by and I reminded Dad that we were parked in a No Parking Zone. Dad stuck his pen behind his left ear, his signature gesture, and told me with a deadpan face that we were in fact on a stakeout, looking to apprehend a known criminal who frequented the market, and that Mum and my siblings were just cover for our operation. He described the criminal and, illegal parking forgotten, I spent the remaining half hour fastidiously studying every male who left the market.

Growing up with a Dad, who was one of seven, and a Mum, who is one of ten, meant I had relatives galore, places to visit, cousins to play with, meals to enjoy, adventures to be had, mostly in Far East Gippsland, the Snowy Mountains, and the Sapphire Coast. Even today I feel most at home with the mountains at my back, facing the sea. Both parents worked hard and we owned caravans and powerful cars to tow them. Together, four kids, my parents and often my maternal grandmother, we travelled over numerous trips from Whyalla in South Australia to Rockhampton in Queensland, and stopped at most towns in between. Dad and Mum made friends easily while "having a hit of tennis" or playing "a hand of cards" generally, Euchre. They like to win, and they loved to dance – old time and ballroom.

# Vale John Ingram

My parents separated in 1980 and a year later Dad met Carole Dunn, and her daughter Samantha. In 1987, Dad retired from VicPol and returned to the Monaro High Plains with Carole and Sam, settling first at Craigie in NSW on a large sheep property known as Craigie Station, and later at Delegate River just inside Victoria. 'Johnny', as he was called while growing up, was back in "God's Own Country", the land of our forefathers and rich heritage.

The story of John and Carole's life together spans almost forty years and their love of animals, especially racehorses, wide open spaces and working the land. Too quickly came the news in February this year that John had a tumour at the top of his stomach and that an operation to remove it would most likely be fatal. Given his age, the care program was to be palliative and Carole was his primary carer. On Monday 12 July 2021 after a few 'downhill' days for Dad, he passed away peacefully at home.

John Andrew Ingram, most recently of Macarthur, Victoria is survived by Carole, his children & step-daughter, and 17 grandchildren namely:

David Jac Aimee Billy Peta Jesse Michael Ryan Eva Jamie Rose Jake Erin Sasha Dylan Peter Shada

He is also the Great Grandfather of 18, so far. Not all knew their Great Poppy but those who did will doubtless remember him

The funeral for John Andrew Ingram was held during COVID-19 restrictions & lockdown on 19 July 2021 at the Macarthur Senior Citizens Centre, lead by Rev Peter Cook. At Dad's request, Peter sang and played 'One Day At A Time'. Other musical tributes included several by Floyd Cramer, a favourite of Dad's, and the song I gave him fifty years ago, 'Your Song' by Elton John. Divisional Superintendent Martin Harvey of Warrnambool represented Victoria Police, and Leading Senior Sergeant David Rook, Dad's neighbour, read the Police Ode. They saw Dad safely to the other side with a guard of honour.

At 84 years of age Johnny Ingram lived more than twenty years longer than his parents but was taken by the same disease as his father, my Poppy. Dad had a kind heart and he could fix anything with baling twine including shoes, gates, hats. Some will remember that he was left-handed and could double crack a whip in both hands. Others will remember the twinkle in his eyes when he was having a lend of you. As for me, I will remember him as my imperfectly perfect hero.

On Day At A Time (Kris Kristofferson & Marijohn Wilkin 1974)

I'm only human, I'm just a man Help me believe in what I could be And all that I am Show me the stairway, I have to climb Lord for my sake, teach me to take One day at a time

Chorus:

One day at a time sweet Jesus That's all I'm asking of You Just give me the strength To do every day, what I have to do Yesterday's gone sweet Jesus And tomorrow may never be mine Lord help me today, show me the way One day at a time

Do You remember, when You walked among men Well Jesus You know if You're looking below It's worse now, than then Pushing and shouting That's crowded my mind So for my sake, teach me to take One day at a time





# INTERVIEW

Q - Do you see farming in the Tubbut Valley as being a viable proposition?
C - For sure, if you've got enough country cleared. If you've got enough country cleared and enough stock on it then it is viable.

 ${\bf Q}$  - Can you see a bad season coming up as some people are predicting?  ${\bf C}$  -  ${\bf Oh}$ -  ${\bf I}$  take the weather as it comes. I can't predict that one.

Q - What changes have you seen in the 14 years that you've been here?
C - Well, Henderson's and Hoffman's have come into it in that time. The
big absentee land owners have got to have enough country to show a profit
as well as pay a manager and so any company would have to buy land on a
big scale to make it a proposition. They would have to have large acreage
to do any good on. There hasn't been a great deal of change in the community
really. It's basically the same. For instance in my time there hasn't been
a property in Dellicknora change hands - not since I've been here.

Q - Can you tell us about farming on large properties out in the West?

C - There are very few parallels between farming here and farming there. The stations were virtually selfcontained really. You just went and got your supplies but you had your own store and everything like

that. The pure size of the properties— some were roughly the size of the Orbost Shire!

About twenty people would work on such a property

plus more at shearing time of course. There would be a cook-house with a cook, a windmill expert and a couple of offsiders for him, a manager, an overseer, and later on when the place got going a bookeeper who would do the store work as well; probably a mechanic and four or five out stations, and two or three

blokes around the homestead, and a truck driver. The only women that were there, were married to the blokes at the out stations or the manager may have been married.

These areas get approx.
seven or eight inch rainfall
a year. It is country which
is - well - you've got to be
big to be there. There's no
way that a small man would survive

there - because its possible to get a drought which would mean you might

not get any rainfall for virtually twelve or eighteen months, and you could be forced to drive twenty or thirty thousand sheep off the place. Well—there's no way known that a small man can suffer that sort of thing — its just not on! Plus the cost of establishing the place. The last place I was on, they put four hundred miles of dog netting around it. Your little man just couldn't do that sort of thing.

Dogs were a problem there too. We had permanent doggers on all the places. They did nothing else but just patrol the fence, and set traps. I was an overseer on one place and manager of another on the Nullabor Plains.

Q - What made you change from that situation to coming here?
C - A lot of reasons I suppose. One of them was, I suffered from sinus trouble and the dust used to effect that. Everywhere you drove it was just thick bull dust, which would seep up through the floor of the Land Rover. Everywhere you went you'd breathe it in, - plus I thought I might like to have a go at my own property.

# The Local Rag—continued

with Clyde Pearce x

It was just a pure fluke that I came to get this particular property.

It was just a pure fluke that I came to get this particular property. I was to have a look at a place at Tawomba and someone got their dates mixed up and I got to Bairnsdale a day too early. I strolled around the agents asking about places, anyway the bloke in Australian Estates said he was going up around Delegate tomorrow to organize a circuit for a calf sale and he said I was welcome to come for the drive if I wanted to, so I came up for the drive. It was cheap land compared to anywhere else.

I spent approximately seven or eight years out on the big properties, actually longer if you count my Jackarooing days. I started Jackarooing at Bindi, then over to the Riverina, then Western Australia, back to South Australia and then back again to Western Australia. I went straight from school to farming. I just sort of drifted or graduated if you like, into farming. A lot of people told me when I first started that when you're Jackarooing, always stop at one place for at least twelve months— do the full cycle, but never stop there much more than eighteen months. This was to gain more experience, not because you mightn't like the place.

Q - Can you describe the fourteen years that you have spent here?
C-- Basically I look at it like this. I came here with virtually nothing, and there's no way known that I could have saved what I have by purely working for wages. I know inflation has helped a lot but you've got to put some of it down to hard work.

People could still do what I have done but it would have to be on a much bigger scale. When I bought this place, I bought it for \$8000; \$10 an acre, but now there isn't any reason why the purchaser of this place, or any place really, can't do exactly the same thing but its got to be on a bigger scale and with a lot more money involved. I think in another fourteen years you might be looking at this place being worth \$200,000. Nobody knows that but you've going to need a lot of money. The days of the person doing it purely on wages, I think, are going to be very limited. You see, I had two D 7's to clear the front of here, the 200acres,

You see, I had two D 7's to clear the front of here, the 200acres, and I think it cost me \$14 an hour and now you're looking at \$40 an hour. It has scaled up just that much more. There's really only one way for land prices to go and it has got to be up because it is one thing you cannot make.

This comes back to chipping. It could well prove to be the saviour. I had ideas of doing it with chipping — that is making it a viable proposition. I think a young fella, maybe me, but certainly not much older,—if you did it yourself, you're looking at some big money just by doing your own — that is doing it to the stage of loading it on the trucks. I wouldn't have been interested in carting it. A) because you can't be doing that and carting to Eden at the same time and B) because you're looking at a \$100,000 truck to cart to Eden so you're better off giving that side of it to someone else. But you could make a really good living say in producing three or four loads a week. Doing the lot yourself and then clearing the land as well. That would be one of the big advantages, — if you wanted to do that (clearing) but I'm not saying everyone wants to clear their place, but if you are looking at it as a viable proposition then it could be done that way.

Q - What about the fears expressed about forests virtually disappearing? C - The forests are not going to disappear. There's no question that that is going to happen because they (forestry) are sowing it down again as they do each area. It does depend largely on how good a burn they get when they light these smoke stacks that everyone gets worried about. You've only got to take a walk through an area that has had a good fire and a piece that has had a crook fire through it, to see the difference in regen. (regeneration) You'd have to be blind not to see it. The trees are growing one to the square inch where there's been a good fire. What they're doing in areas where they can't get a good fire going properly, - they generally end up getting a dozer in to roughly pack the place and then handplanting.

If you go around any old log landing where the dozers have really chewed it up, you just con't walk through it and its marvellous how little time it takes. I've see blokes go back after five years and they have had to reclear it. It is up to eight foot high and you con't see through it and that's in the first seven or eight years which is the slowest growing

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# The Local Rag -continued

Interview with Clyde (cont)

Even out here where the Tordoning is done behind the Bonang Mill. They were doing that about 1970 and there's regrowth there eighteen to twenty foot high already. I would rather have seen the Tordoned trees go for chipping. This is where chipping benefits because all that does is — it kills that timber and its no good for anything. In ten or twenty years they are all going to blow over, and what's going to happen then? Its going to break off half of your regen. Wouldn't it have be an better to just fall it and cash in on it?

I'm not saying in the first place that they should have Tordonedit, or that they should cull fall or that they should ringbark but I think rather than do that they would be better off falling it and making use of it. They appear to be letting 'h' go to waste. It comes back to the same thing. I'm just against washe of any sort.

Q - What are you going to do now that you have sold your property and are planning to leave the area?

C - I don't know really. We do mant to get closer to High School education for our children. We don't feel that we'd go into another farm at this stage, because we just can't afford one. In lots of ways I'll be sorry to leave the district. You don't live in a place for thirteen or forteen years without making good friends. Its the people I'll miss.

Thank you very much for this interview Chyde. I'm sure it is of interest to a lot of our readers. Clyde worked on a property called Commonwealth Hill Station. A copy of the map of the property is reproduced on the following page. Please rote the Scale of the map. This particular property is mentioned in The Guiness Book Of Records. It provides us with the following information:

The largest sheep station in the world is Commonwealth Hill, in the north-west of South Australia. It grazes between 70,000 and 90,000 sheep. c. 700 cattle and 25,000 uninvited kangaroos in an area of 3,640 square miles (2,329,000 acres) i.e. larger than the combined area of Norfolk and Suffolk.

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# News from the Shire

## Financial year brings changes to waste fees

Most disposal fees at East Gippsland Shire's waste facilities increased by five per cent from Thursday, July 1, following Council's adoption of the 2021-22 Budget.

Council pays a landfill levy to the Victorian Government for each tonne of waste entering landfill. The levy's increase for 2021-22 is a significant 61% increase – a cost that Council cannot absorb.

The municipal landfill levy in 2021-22 is \$52.95 a tonne, up from \$33.03 last year. The landfill levy for commercial waste is \$93.19, up from \$57.76 last year. Council expects to pay \$1.73 million in landfill levies in the 2021-22 financial year.

It is for this reason that Council has had to increase waste fees by five per cent across the board.

However, there is also some good news in the adopted fees, with fees removed on some items, including domestic recyclables that are contaminant-free, paper, cardboard, polystyrene, and electronic waste – think items with a plug, battery or cord. By making recyclable items free, Council hopes to encourage better recycling practices in East Gippsland – keeping waste out of landfill and seeing products reused.

Overall, the fees and charges have been simplified. For example, the fees for various types of trailers have been removed, and everything larger than a small trailer load will be charged per tonne or cubic metre (depending on which site is visited).

Council's website also has great information on what can, and can't, be recycled. The A-Z of Waste explains whether items go in the general waste, organic waste, recycling bin or other recycling program.

For more information on our waste services, disposal fees and recycling options, visit eastgippsland.vic.gov.au/waste

### Community Vision, Council Plan outline East Gippsland future

East Gippsland Shire Council adopted the Community Vision 2040 and the Council Plan 2021-25 at the June 29 Council meeting.

Both documents were developed through a deliberative community engagement process, that brought the community's voice to the planning process.

Building on the previous Community Vision 2030, the Community Vision 2040 expresses the aspirations, values, and priorities of the East Gippsland community, and will help shape what the community wants achieved in our region by 2040. The Community Vision requires a whole of community response to achieve, as it is far greater than Council's remit alone.

Mayor Cr Mendy Urie said Council appreciates the contribution of everyone who took part in the consultation process.

<sup>a</sup>We had more than 470 people share their thoughts on the strengths and challenges of living, working and investing in East Gippsland. In addition, a 15-member Community Panel was formed to develop a set of evidence-based recommendations for the revised Community Vision. Council thanks everyone who contributed to this valuable process," Cr Urie said.

The Community Vision is:

"In 2040 our people, place, environment, and economy will be connected, in balance and resilient. Our unique and diverse communities will be accessible, inclusive, well connected and safe. We will value and care for each other and our natural environment. Our economy will support existing and emerging industries by being agile, innovative, and sustainable."

Also adopted on the evening was the Council Plan 2021-25. The plan is Council's major strategic document and sets out its objectives over the next four years. It will guide Council's decision-making and advocacy work. The Council Plan also includes a vision developed by the Councillor group. Having considered the engagement information and community priorities, the Councillors settled on the following vision for the Council Plan:

East Gippsland is an inclusive and innovative community that values our natural environment, puts community at the centre of Council decision-making and creates the conditions in which communities can thrive.

# Word Search

Y	Ν	U	W	C	V	S	Y	В	N	F	U	G	V	N	0	1	T	A	E	D	1	U	1	M	S	C	A	BORBORYGMUS
C	V	J	F	M	K	G	N	1	K	0	R	A	M	E	L	L	A	M	F	S	R	H	C	U	R	1	D	CHATOYANT
P	D	E	T	A	L	U	В	0	В	M	0	C	S	1	D	V	D	G	L	J	Н	Н	0	Y	0	E	E	CHTHONIC
D	L	Q	P	A	N	G	L	0	S	S	1	A	N	Ν	Z	M	W	A	0	V	H	U	P	N	U	S	F	CRENELLATE
Α	N	0	1	L	L	U	G	E	D	R	E	В	В	U	L	S	N	D	C	N	L	T	A	N	R	U	E	CREPUSCULAR
P	0	0	D	L	E	F	A	K	E	R	L	7	Y	R	Y	1	G	S	C	F	0	1	F	S	E	R	N	CRYPTOMNESIA
K	U	VV	1	A	1	1	E	K	U	E	M	A	L	I	U	N	ヒフ	1	I.	IVI	E	1	Н	E	K	K	E	DEFENESTRATE
R	1	1	U		7	A	IVI	П	_	0	T	Р	D	T	T	Г	1	L	IN A	IVI	0	Q E	D	0	V	S	S	DISCOMBOBULATEI
Т	C	C	0	N	N	J	0	Т	N	D	Т	G	Δ	î	0	F	5	F	H	Т	R	P	P	H	Н	11	R	ENERVATING
C	R	K	0	F	Т	N	R	A	A	Н	J	V	S	S	M	ī	D	F	C	W	W	Y	0	ı	S	S	A	ERYTHRISMAL
R	S	Z	X	E	D	ī	G	Т	0	K	R	0	1	Y	Α	U	0	R	I	N	Н	T	Z	P	M	P	Т	1
V	J	P	R	0	С	Т	N	N	0	E	L	S	В	P	T	Α	A	C	N	F	U	Н	P	E	1	Е	E	ESTIVATE
M	W	C	Н	Н	F	0	1	N	N	L	P	0	T	1	R	N	X	0	1	Y	J	R	Z	D	R	L	S	FLOCCINAUCINIHIL
N	Z	Н	0	Y	M	C	J	E	Α	E	R	N	P	H	T	0	T	A	H	J	C	1	A	A	С	U	Y	FRIPPET
L	T	R	M	0	G	Z	Q	C	K	В	P	R	M	A	P	S	P	E	1	Χ	R	S	R	L	S	N	Z	FUG
Α	Q	E	D	R	Z	M	L	S	0	K	U	U	S	D	0	X	E	R	L	M	F	M	E	1	X	K	Y	IDEATION
R	G	0	R	P	A	A	0	R	F	T	Α	L	S	1	0	D	Q	S	1	S	E	A	В	A	S	1	G	ISCHIAL CALLOSITI
Н	R	W	X	M	1	L	Υ	M	L	C	N	K	A	I	S	P	E	U	P	0	1	L	A	N	F	N	Y	KAKISTOCRACY
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### **Fiction**

Frank Sinatra said, "That's life"

Once I knew two fellows one who worked in a mine and the other in a timber factory. They both worked very hard for their wages. These two fellows met one time and got on quite well with one another. They were both single so they had a beer or two together quite often. One night they went out of the pub and into a nightclub in search of a couple of nice ladies.

When they walked into the club they were amazed. They mingled with the crowd until they saw two redheads looking their way. The four of them started talking and were getting on quite well and having so much fun. In fact a group had never had so much fun and as they say, life is short so doesn't it want to make you cry. They soon became couples and spent all the time together.

The mining fellow bought a car so they could go out on the weekends. They could travel to see the city and the country side. The world was their oyster. Every day the two fellows worked and in the evenings they would go to the pub for a beer while the girls went to the coffee shop.

Now we all know too many drinks is bad so the boys only had one beer each before they joined the girls at the coffee shop. There was a dance coming up at

the local dance hop two blocks away so they decided to go and they all enjoyed themselves.

Years come and years go by and these four were really going places. Now I will not go into everything but one of the girls said she wasn't feeling to good, she was a bit sick in the morning after breakfast. The other girl told her she should go see a doctor so she did. She was waiting in the surgery and a doctor called her in. She told him her symptoms about not feeling to good after eating so the doctor checked her over and examined her and took some blood samples and let her know he'd call her tomorrow with the results. The next day the doctor rang and asked her to go into the surgery. When it was her turn and he told her that she was going to have a pregnant. It was a very big surprise to her she said "oh these things happen". She went on back to her flat and she tried to let the news sink in. She was in a bit of turmoil by the time she saw the others. Well you can imagine the excitement of everyone saying congratulations. It wasn't long before the other girl started saying a boy and a girl. Hugs and kisses all round and it was such a happy and joyous time. In the midst of the deliveries both men asked their girls to marry them and they both had a ring ready. The girls were overjoyed and accepted, so they four of them said they'd better start making arrangements to get married. They all agreed it would be fantastic for a spring double wedding.

Now comes another thing to think about, somewhere to live. Two homes for the two families. After the six of them got out of the hospital they rang around all the agencies and couldn't find anything to rent or buy. All they had was the places they were already living in, they were able to work out that the miner, his wife to be and their new little baby could stay in his flat temporarily and the timber worker would move his wife to be and new baby in with him and the two

girls would give up their flats.

Well the two mums went shopping for baby things and bought a bassinet for each baby, lots of baby knick knacks, clothes, nappies and baby tops. They spent lots of money but got everything they needed and enjoyed their day out. The mum's got back to the flats where the two dads were looking after the babies and the babies were screaming because they wanted a feed.

The two guys got together again and decided to look for extra jobs as the girls had to stop working after the babies were born. They got bar jobs in the local

pub where they first met so they could earn extra money.

The boy and the girl were growing quite rapidly and soon needed a cot as they got bigger. All this love and attention, feeding time, changing nappies, was a full time job, even at 1 o'clock in the morning and the little possums often didn't want to sleep as they were wide awake and ready to play. They gave their parents a workout and all the parents wanted to do was sleep. The two dads were up looking after their babies at 1am to help the mums get some more rest and the dads still went to work in the morning. When they got home the mums would go out for a bit for a break to relax and get some of their jobs done while the dads had a rest with the babies.

# Recipes

# **English Muffins**

#### INGREDIENTS

- 2 1/2 cups (12 1/20z /355g) all-purpose flour
- 1/4 teaspoon instant yeast
- 1/4 teaspoon salt
- 2/3 cups (5floz/142ml) milk
- 1/2 cups (4floz/115ml) water
- 1 tablespoon butter

#### **Instructions**

- In a medium bowl, add the flour, yeast, and salt. Mix briefly.
- In a separate jug, add the milk, water, and butter. Pop it into the microwave for 15-30 seconds or until it's lukewarm and the butter has melted. Take care not to let it get too hot.
- Add the wet ingredients to the dry and mix until you form a dough. The dough will be quite soft and a little sticky. (NOTE: See video about holding back liquid until you get the right consistency of dough).
- Once the dough has come together, just scrape down the sides of the bowl and cover tightly with cling wrap and a clean kitchen towel. Now let it sit at room temperature for a minimum of 12-18 hours. (If you want to cook off your muffins at a later time then pop the dough in the fridge after 18 hours)
- The next morning, the dough will have doubled in size. Turn it out onto a floured surface. Cover with cling wrap and a kitchen towel and let rest for just 10 minutes.
- After resting, the gluten will have relaxed. You can now roll it out to about 2 cm or slightly over an inch in thickness. (In the video I said roll to 1 cm however I found this to be very thin later)
- Using a 3-inch cookie cutter dusted in flour, cut out rounds and transfer them to another a baking tray lined with parchment. Any scraps can you re-rolled and made into another muffin. Note: At this point, you can place the muffins in the fridge to be cooked off later. Cover the muffins with plastic wrap and a tea towel and let it rest for about 40-45 minutes. After 45 minutes, the dough circles will have puffed up a little. Proceed to cook!

  Cooking the English Muffins:
- Heat a large nonstick frying pan over a steady, medium to medium-low heat.
- Using a flat spatula, carefully move over the English muffins onto to a non stick frying pan and cover with a lid.
- Leave at least a 2 inches between each muffin. It makes 8-10 muffins so you will probably need to cook them off in two batches.

Take extra care when moving your muffins to avoid compressing the dough and knocking out the bubbles.

- Cook on this side for about 6-7 minutes. The steam created with the lid on will help the muffins rise and cook through fully.
- Flip over and cook on the other side for another 3-4 minutes.
- Set the muffins aside to cool down before eating them fresh. These muffins also toast up really well.

Store for 4 days at room temperature or freeze for up to 8 weeks.

#### TIPS AND TRICKS TO MAKING HOMEMADE ENGLISH MUFFINS:

- Use 1/2 whole wheat flour and 1/2 all-purpose flour for whole wheat English muffins
- If you live in a cold climate and are worried your dough might not proof, heat your oven then turn it off and leave the door open to warm up your kitchen and create a warmer environment for proofing
- Use dairy-free milk and coconut oil instead of butter for vegan English Muffins
- You can bake these in the oven, but you'll get a different result
- These **cannot** be made in the microwave
- Coat the bottom and top of your English Muffins in fine **cornmeal** before cooking off for a crispy textured crust
- Wrap them up and **freeze for up to 8 weeks.** Defrost at room temperature, toast up and enjoy!
- After the 18 hour fermentation period you can put your dough in the fridge for up to 3 days

https://www.biggerbolderbaking.com/about-gemma/



# August 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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2	3	4	5 Library Bus @ Bonang	6	7	8
9	10	11 Community Lunch @ Tubbut	12	13	14	15
16	17	18	19 Library Bus and craft day @ Bonang	20	21	22
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